

Seasonal fruit:
Apple, Pear, Banana, Orange, Kiwi

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chickpea cream with pumpkin Roasted chicken with orange Lettuce, tomato and asparagus with 'EOVO' Wholemeal bread Seasonal fruit	Seafood paella Potato and onion omelette Lettuce and corn with 'EOVO' White bread Seasonal fruit	Wholemeal spaghetti with homemade tomato sauce and Baked hake with sauce Lettuce, cucumber and olives with 'EOVO' Wholemeal bread Seasonal fruit	Tricolor of drowned vegetables Pizza with soy bolognese White bread Dairy	Stewed potatoes with vegetables Roasted sirloin in the hunter's style Lettuce and carrot with 'EOVO' Wholemeal bread Seasonal fruit
9	10	11	12	13
Broccoli with potato Grilled beef burger Lettuce and corn with 'EOVO' Wholemeal bread Seasonal fruit	Soup with pasta and legumes Roasted chicken in a casserole Lettuce and celery with 'EOVO' White bread Seasonal fruit	Stewed dried beans with vegetables French omelette Lettuce and tomato with 'EOVO' Wholemeal bread Seasonal fruit	CHINESE GASTRONOMIC DAY Cantonese style rice Spring rolls with sweet and sour sauce White bread Flan 	Pea cream Lemon sole Lettuce and olives with 'EOVO' White bread Seasonal fruit
16	17	18	19	20
Wholemeal macaroni in the Neapolitan style Baked cod fillet Lettuce and corn with 'EOVO' Wholemeal bread Seasonal fruit	Cream of ECO pumpkin Spinach croquettes White bread Seasonal fruit	Stewed lentils with vegetables Zucchini omelette Tomato cubes seasoned with 'EOVO' Wholemeal bread Seasonal fruit	Brown rice with vegetables Chicken with barbecue sauce Grilled potatoes White bread Dairy	Trinxat of the Cerdanya Sirloin with apple sauce Lettuce and carrot with 'EOVO' Wholemeal bread Seasonal fruit
23	24	25	26	27
Cream of ECO zucchini with croutons Beef meatballs in the gardener Wholemeal bread Seasonal fruit	Peas with potatoes French omelette with cheese Lettuce and olives with 'EOVO' White bread Seasonal fruit	Brown rice with tomato sauce, carrot and onion Baked hake with sauce Breaded zucchini Wholemeal bread Seasonal fruit	Poultry soup with noodles Chicken with thyme Lettuce, tomato and corn with 'EOVO' White bread Dairy	Vegetable soup Stewed lentils with vegetables and hard-boiled egg Wholemeal bread Seasonal fruit