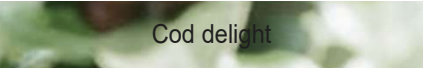


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|----------------------------------|--|---------------------------------------|--|
| 4 | 5 | 6 | 7 | 8 |
| Neapolitan rice | Eco stewed white beans | Sautéed vegetable stew with garlic oil | Chicken soup with noodles | Whole wheat spaghetti with homemade tomato sauce and cheese |
| Fish meatballs (hake and cuttlefish) with sauce | Potato omelette | Baked chicken | Hake belly with tomato pil-pil | Ham croquettes |
| Salad | Salad | Salad | Salad | Salad |
| Whole wheat bread and yogurt | Bread and seasonal fruit | Whole wheat bread and seasonal fruit | Bread and seasonal fruit | Whole wheat bread and seasonal fruit |
| 11 | 12 | 13 | 14 | 15 |
| Vegetable fideuà | Pumpkin and carrot cream | Eco stewed lentils with vegetables | Green beans with potatoes | Mixed stew with pasta and legumes |
| Tuna omelette | Chicken with ratatouille |  Cod delight | Seafood paella | Grilled hamburger |
| Salad | Salad | Salad | Salad | French fries |
| Whole wheat bread and yogurt | Bread and seasonal fruit | Whole wheat bread and seasonal fruit | Bread and seasonal fruit | Bread and seasonal fruit |
| 18 | 19 | 20 | 21 | 22 |
| Stewed potatoes with vegetables | Stewed chickpeas with vegetables | Spirals with carbonara sauce | Gastronomic Day | Eco rice with homemade tomato sauce |
| Battered hake | Plain omelette with turkey | Beef stew with mushrooms | Mexican chicken soup | Rotisserie chicken |
| Salad | Salad | Salad | Chilli with meat and nachos | Salad |
| Whole wheat bread and yogurt | Bread and seasonal fruit | Whole wheat bread and seasonal fruit | Bread and seasonal fruit | Whole wheat bread and seasonal fruit |
| 25 | 26 | 27 | 28 | 29 |
| Vegetable cream with croutons | Soup with pasta | Eco stewed white beans | Brown rice with homemade tomato sauce | Macaroni with tuna |
| Gratin cannelloni | Gratin eggs with tuna | Cod with sauce | Plain omelette with bread and tomato | Roast chicken with lemon |
| Salad | Salad | Salad | Salad | Salad |
| Whole wheat bread and yogurt | Bread and seasonal fruit | Whole wheat bread and seasonal fruit | Bread and seasonal fruit | Whole wheat bread and seasonal fruit |